

WARREN GLEN

OCTOBER 2026

2025 - 2026 HEALTHY MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			October 1st Apple Frudel Assorted Fresh & Chilled Fruit	October 2nd Assorted Large Muffin Assorted Fresh & Chilled Fruit
October 5th Mini Waffles Assorted Fresh & Chilled Fruit	October 6th Assorted Large Muffin Assorted Fresh & Chilled Fruit	October 7th Mini Cinni Assorted Fresh & Chilled Fruit	October 8th Apple Frudel Assorted Fresh & Chilled Fruit	October 9th Assorted Large Muffin Assorted Fresh & Chilled Fruit
October 12th No School	October 13th Assorted Benefit Bar Assorted Fresh & Chilled Fruit	October 14th Assorted Pop tarts Assorted Fresh & Chilled Fruit	October 15th Strawberry Bagelfull Assorted Fresh & Chilled Fruit	October 16th Assorted Large Muffin Assorted Fresh & Chilled Fruit
October 19th Banana Loaf Assorted Fresh & Chilled Fruit	October 20th Assorted Pop Tart Potato Wedges	October 21 Mini Cinni Assorted Fresh & Chilled Fruit	October 22 Assorted Cereal Bar Assorted Fresh & Chilled Fruit	October 23 Assorted Muffin Assorted Fresh & Chilled Fruit
October 26th Assorted Cereal Assorted Fresh & Chilled Fruit	October 27th Assorted Benefit Bar Assorted Fresh & Chilled Fruit	October 28th Mini Cinni Assorted Fresh & Chilled Fruit	October 29th Strawberry Bagelfull Assorted Fresh & Chilled Fruit	October 30th Assorted Muffin Assorted Fresh & Chilled Fruit

All of our meals are served with Vegetable of the Day, and/or a selection from Harvest Market, Assorted Fresh or Chilled Fruit of the Day and choice of Low-Fat or Fat-Free Milk.

The Plate A hearty and comforting variety of favorite dishes covering a wide range of tastes.	Pizza Stone Daily assortment of fresh dough pizzas, calzones, strombolls, flatbreads & pastas.	The Grill Daily features include paninis, hamburgers, cheeseburgers, varieties of sliders, Philly cheesesteaks, & grilled cheese sandwiches.	Cutting Board Sandwiches and wraps made to order. Assorted quality deli meat and cheese on fresh rolls and wraps with a variety of fresh toppings.	The Market Fresh daily selection of grab and go meals like grilled chicken Caesar salad, assorted fruit & yogurt parfaits with granola, and hummus platters.	Harvest Market Fresh vegetables, feature salads, bean salads and veggie dippers.
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* Local produce will be sourced when available. Menu is subject to change.



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!